

Rhythm Charts for All Chants
 Drumming for Healing
 Jamie Papish

Bass is the Center of the drum-Deep Sound, Tone is edge of the drum-High Sound									
Black is dominant Hand, Red is non-dominant hand									
Oh Chant									
4/4	Count >	1	&	2	&	3	&	4	&
Rhythm Level									
1		Bass				Bass			
2		Bass		Tone		Bass		Tone	
3		Bass		Tone	Tone	Bass		Tone	
4		Bass	tone/tone	Tone	tone/tone	Bass	tone/tone	Tone	tone/tone
Lai Lai Chant									
6/8	Count >	1	2	3	4	5	6		
Rhythm Level	Body Part								
1	Hand & Thigh	Both			Both				
2	Foot	B	R	B	R	B	R		
2	Hand & Thigh	Both			Both				
3	Hand & Thigh	B	R	B	R	B	R	(Continue with Foot)	
4	Hand & Thigh	B	R	Clap	B	R	Clap	"	"
5	Hand & Thigh	BR	B	R	BR	B	R	"	"
6	Hand & Thigh	BR	B	Clap	BR	B	Clap	"	"
7	Hand & Thigh	Both	BR	B	Both	BR	B	"	"

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Adama Chant									
Part 1 Adama									
4/4	Count >	1	&	2	&	3	&	4	&
<u>Rhythm Level</u>									
1		Bass			Bass	Bass			
2		Bass			Bass	Bass		Tone	
3		Bass		Tone	Tone	Bass		Tone	
4		Bass		Tone	Tone	Bass		Tone	Tone
5		Bass	/tone	Tone	Tone	Bass		Tone	
Part 2 HeyYa									
<u>Rhythm Level</u>									
1		Bass		Tone		Bass		Tone	
2		Bass		Bass	Tone	Bass		Bass	Tone
3		Bass	tone/tone	Tone	Tone	Bass	tone/tone	Tone	Tone
4		Bass	/tone	Bass	Tone	Bass	/tone	Bass	Tone
5		Bass	tone/tone	Tone	tone/tone	Bass	tone/tone	Tone	tone/tone